

KC STARS|FITNESS CENTERS

(ranked by number of paid members)

2008 Rank	Name Address Internet Phone	Number of paid local members	Total hours weekly Local employees	Area locations Year founded	Types of programs offered (partial)	Special amenities (partial)	Center director/ Owner(s)
1.	Prairie Life Fitness¹ 13655 S. Alden Olathe, KS 66062 www.prairielifitness.com	12,000 913-764-5444	129 250	2 1995	group fitness classes, cycling classes, yoga, Pilates, basketball leagues, free kids classes	gym, basketball, indoor and outdoor pool, indoor track, massage, tanning, in-house cafe	Dean Rasmussen, president and CEO
2.	Platte County Community Center South 8875 Clark Ave. Parkville, MO 64152 www.kansascityymca.org	10,970 816-505-2622	94.5 90	19 1860	health and fitness, aquatics, sports, enrichment programs for adults, child care	wellness center, cardio and strength-training equipment, warm-water pool, whirlpool/sauna	Garry Linn, district center executive
3.	Olathe Family YMCA 21400 W. 153rd St. Olathe, KS 66061 www.kansascityymca.org	9,672 913-393-9622	107 175	19 1860	health and fitness, aquatics, sports, enrichment programs for adults, child care	wellness center, cardio and strength-training equipment, warm-water pool, whirlpool/sauna	Lori Spencer, district center executive
4.	Summit Fitness 178 N.W. Oldham Parkway Lee's Summit, MO 64063 www.summitfitness1.com	7,500 816-525-5040	116 40	1 1987	aerobics, spinning and water classes, Zumba, Pilates, yoga, kickboxing, personal training	indoor aquatics center, heated pool, hot tub, wet and dry saunas, martial arts club	Bruce Gentry, owner
5.	Richard C. Green Sr. Family YMCA 10301 E. U.S. 350 Raytown, MO 64138 www.kansascityymca.org	6,197 816-356-9622	102 110	19 1860	health and fitness, aquatics, sports, enrichment programs for adults, child care	wellness center, cardio and strength-training equipment, warm-water pool, whirlpool/sauna	Bill Blunck, center executive
6.	Providence YMCA/Ball Family Center 8601 Parallel Parkway Kansas City, KS 66112 www.kansascityymca.org	6,043 913-378-9622	103.5 75	19 1860	health and fitness, aquatics, sports, enrichment programs for adults, child care	wellness center, cardio and strength-training equipment, warm-water pool, whirlpool/sauna	Dale Krumm, senior center executive
7.	Platte County Community Center North 3103 Running Horse Road Platte City, MO 64079 www.kansascityymca.org	5,990 816-858-0114	94.5 85	19 1860	health and fitness, aquatics, sports, enrichment programs for adults, child care	wellness center, cardio and strength-training equipment, warm-water pool, whirlpool/sauna	Angie Mutti, center executive
8.	Blue Springs Family YMCA 1300 S.E. Adams Dairy Parkway Blue Springs, MO 64014 www.kansascityymca.org	5,791 816-224-9620	102 115	19 1860	health and fitness, aquatics, sports, enrichment programs for adults, child care	wellness center, cardio and strength-training equipment, warm-water pool, whirlpool/sauna	Katie Kinder, center executive
9.	Paul Henson Family YMCA 4200 W. 79th St. Prairie Village, KS 66208 www.kansascityymca.org	5,782 913-642-6800	106 115	19 1860	health and fitness, aquatics, sports, enrichment programs for adults, child care	wellness center, cardio and strength-training equipment, warm-water pool, whirlpool/sauna	Jim Freed, center executive
10.	North Kansas City Community Center 1999 Iron St. North Kansas City, MO 64116 www.nkccc.org	5,000 816-300-0531	102.5 110+	1 2000	cardiovascular training, weight training, aerobics, dance, fencing, adult basketball, winter fun	weight room, 25-ft. climbing wall, lap pool, leisure pool, warm-water spa, steam room, sauna	Greg Hansen, center director
11.	Vivion Road Family YMCA 1101 N.E. 47th St. Kansas City, MO 64116 www.kansascityymca.org	4,750 816-453-6600	107 80	19 1860	health and fitness, aquatics, sports, enrichment programs for adults, child care	wellness center, cardio and strength-training equipment, warm-water pool, whirlpool/sauna	Matt Eaves, center executive
12.	Bonner Springs Family YMCA 410B N. Bluegrass Bonner Springs, KS 66012 www.kansascityymca.org	4,684 913-422-9348	91 110	19 1860	health and fitness, aquatics, sports, enrichment programs for adults, child care	wellness center, cardio and strength-training equipment, warm-water pool, whirlpool/sauna	Sheryl Hungerford, center executive
13.	Independence Family YMCA 14001 E. 32nd St. Independence, MO 64055 www.ymca-kc.org	4,526 816-254-9622	107 88	19 1860	health and fitness, aquatics, sports, enrichment programs for adults, child care	wellness center, cardio and strength-training equipment, warm-water pool, whirlpool/sauna	Jodi Bell, center executive
14.	Legacy Park Community Center 901 N.E. Bluestem Drive Lee's Summit, MO 64086 www.lspark.net	4,200+ 816-969-1550	103.5 75	1 2003	personal training, massage therapy, nutrition programs, racquetball leagues	lap pool, 10-person spa, leisure pool, indoor track, 4,000 sq.-ft. community room, child care room	Levin Collins, manager
15.	Red Bridge Family YMCA 11300 Holmes Road Kansas City, MO 64131 www.kansascityymca.org	4,077 816-942-2020	107 136	19 1860	health and fitness, aquatics, sports, enrichment programs for adults, child care	wellness center, cardio and strength-training equipment, warm-water pool, whirlpool/sauna	Jason E. Camis, center executive
16.	Cleaver Family YMCA 7000 Troost Ave. Kansas City, MO 64131 www.kansascityymca.org	3,933 816-285-9622	103.5 65	19 1860	health and fitness, aquatics, sports, enrichment programs for adults, child care	pool, spray park, basketball court, teen center	Jesse Haynes, center executive
17.	Xtreme Fitness 725 N.W. Commerce Drive Lee's Summit, MO 64086 www.xtremekc.com	3,273 816-347-8008	106 35	1 2002	ActivTrax, personal training, kids corner, tanning, pro shop, group fitness classes, cycling	free weights, circuit training equipment, cardio theater, indoor track	Bobby Smith, owner
18.	All American Fitness Club 2410 S. Outer Road Blue Springs, MO 64015 www.allamericanfitnessclub.com	3,115 816-228-7600	107 34	1 1980	yoga, cycling, step, Pilates, body pump, body attack, treadmill class, hip hop class	outdoor pool, dry saunas, whirlpools, small indoor track, massage therapy, shake bar, racquetball	Zach Norman, general manager
19.	Blue Springs Fitness 1300 N.W. Missouri 7 Blue Springs, MO 64014 www.bluespringsfitness.net	2,700 816-228-4080	105 17	1 1993	Zumba, Turbo Kick, Pilates, yoga, step, cycle, teens on weights, body blast, body sculpt	child care, tanning, juice bar, hot tubs, sauna, steam room, cardio theater, indoor track	Kurt Mueller, owner

Information is based on questionnaires sent to area fitness centers. When tied, centers are ranked alphabetically.

¹Totals for Prairie Life Fitness also include its Overland Park location at 10351 Barkley. The phone number is 913-648-8077.

²Longview Recreation Center is owned by Metropolitan Community College-Kansas City.

³Totals for the Lenexa Jazzercise Center also include the Mission Jazzercise Center at 5311 Johnson Drive, Mission, KS. The phone number is 913-851-5299.

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20.	Woodside Health & Tennis Club 2000 W. 47th Place Westwood, KS 66205 www.clubwoodside.com	2,400	110 100	1 1972	personal training, Pilates Reformer, group exercise, spinning, yoga, wellness services, chiropractic	indoor and outdoor pools, indoor track, LifeFitness, basketball court, day spa	Christopher Bell, general manager
21.	Sylvester Powell Jr. Community Center 6200 Martway Mission, KS 66202 www.missionks.org	2,322	94.5 103	1 1999	specialized recreation for adult developmentally disabled, personal trainers, self-defense	pool, track, weight room, cardio room, aerobics room, racquetball courts, gymnasiums, day care	Christy Humerickhouse, recreation director
22.	Longview Recreation Center ² 3801 S.W. Longview Road Lee's Summit, MO 64081 www.mcckc.edu/lvreccenter	1,900	96 35+	1 1990	Pilates, yoga, boot camp and cycling classes, free initial consultation with fitness instructor	10-lane indoor pool, hot tub, basketball and volleyball courts, free weights, treadmills	Viki Clark, manager
23.	Eighth Street Family YMCA 900 N. Eighth St. Kansas City, KS 66101 www.kansascityymca.org	1,704	84 25	19 1860	health and fitness, aquatics, sports, enrichment programs for adults, child care	wellness center, cardio and strength-training equipment, warm-water pool, whirlpool/sauna	Rob Wyrick, center executive
24.	Quality Hill YMCA 1051 Washington St. Kansas City, MO 64105 www.kansascityymca.org	1,279	92.5 25	19 1860	health and fitness, aquatics, sports, enrichment programs for adults, child care	wellness center, cardio and strength-training equipment, warm-water pool, whirlpool/sauna	Sarah Owen, district center executive
25.	Maple Creek Athletic & Golf Club 5330 N.E. Oakridge Drive Kansas City, MO 64119 www.greatlifegolf.com	1,100	104 8	1 2003	personal training, aerobics, kickboxing, yoga, conditioning classes, Pilates	9-hole golf course, free weights, cardio equipment, weight machines, tanning beds	Rick Farrant, owner
26.	Lenexa Jazzercise Center ³ 12948 W. 87th St. Lenexa, KS 66215 www.jazzercise.com	1,000	varies 5	12 1981	Jazzercise, body sculpting, personal touch personal training, junior Jazzercise, circuit training	child care	Kelly Sweeney, owner and district manager
27.	Lee's Summit Express YMCA 920 N.E. Columbus St. Lee's Summit, MO 64086 www.kansasymca.org	928	92 31	19 1860	health and fitness, aquatics, sports, enrichment programs for adults, child care	wellness center, cardio and strength-training equipment, warm-water pool, whirlpool/sauna	Sarah Owen, district center executive
28.	Linwood YMCA 3800 E. Linwood Blvd. Kansas City, MO 64128 www.kansascityymca.org	732	64 10	19 1860	health and fitness, aquatics, sports, enrichment programs for adults, child care	wellness center, cardio and strength-training equipment, warm-water pool, whirlpool/sauna	Betty Fowler, director
29.	Fitness Source 320 E. 12th St. Kansas City, MO 64106 www.kcmo.org/fitness	500	75.5 13	1 2004	complimentary fitness assessments, exercise consultations, group exercise classes	top-of-the-line equipment and full locker-room amenities	Kristina Brand, health promotion specialist
30.	Lee's Summit Jazzercise Center 450 S.W. Ward Road Lee's Summit, MO 64081 www.jazzercise.com	400	varies varies	14 1981	body sculpting, circuit training, Jazzercise	child care, changing rooms, wood floors, weights	Jennifer Null, Owner
31.	Overland Park Jazzercise Center 10440 Marty St. Overland Park, KS 66212 www.jazzercise.com	400	varies varies	14 1981	circuit training, Jazzercise, Jr. Jazzercise, personal touch	child care, changing rooms, lockers, showers, wood floors	Angie Ford, Owner
32.	Solid Fitness Sciences 4711 Central St. Kansas City, MO 64112 www.solidpft.com	350	96 8	1 2000	personal training, power lifting, American jujitsu, Navy Seal P.T., massage, injury rehab	Cybox circuit, Samson free weights, including platforms and bumper plates	Ethan Benda, Jeff Fisk, Owners

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